

HOLME VALLEY A.S.C.
SWIMMING GALA ENTRY FORM

Heats to be held 20th and 22nd March 2007

Finals to be held 24th and 26th April 2007

Name..... Date of Birth.....

Indicate events entered below. Maximum entry is 2 events plus Championship(s).

NOVICE 7 YEARS	NOVICE 8 YEARS	
BREASTSTROKE	BACKSTROKE	FREESTYLE

JUNIOR
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INTER
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SENIOR
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12 AND UNDER CHAMPIONSHIP

OPEN CHAMPIONSHIP

I DO NOT INTEND TO ENTER ANY OF THE ABOVE



SWIMMING GALA RULES

1. Age group at date of Finals.
2. A **Novice** is a person who has not entered a previous Gala
3. Maximum entry is 2 events plus Championship(s).
4. Fastest four swimmers to qualify for the Finals.

AGE GROUPS: age as at Gala date applies

Novice 7 and 8 years. **Junior** 9 years or under.

Inter 10, 11 and 12 years. **Senior** 13, 14 and 15 years.

Entry to the 12 and under Championship is for that age group only.

Entry to the Open Championship is for any age group.

12 and under Championship 1 length of Backstroke, Breaststroke and Freestyle.

Open Championship 2 lengths of each of the above strokes.

CORRECT STROKE PER ASA LAW MUST BE OBSERVED IN THE CHAMPIONSHIPS, INTER AND SENIOR EVENTS.

Novice and Junior events will all start in the water at the shallow end.

Return entry form before 15th March

Heats 20th and 22nd March.

Finals 24th and 26th April